



# ANNUAL CUTICON 2025

## IADV L DELHI STATE BRANCH

### Pre Conference Workshop

**6<sup>th</sup> December 2025 (9 am to 6 pm)**  
**Hotel Eros, New Delhi**

**Dr Deepika Pandhi**  
President, IADV L DSB

**Dr Rahul Arora**  
Hon. Secretary, IADV L DSB

Scan QR Code to Register  
for Pre Conference Workshop



**Educational  
Support**



## Welcome message

Dear friends,  
Greetings

It gives us immense pleasure to invite you all for ANNUAL CUTICON 2025, the Yearly academic meeting of IADVL DSB at Hotel Eros, New Delhi from 6th to 7th December 2025.

The conference will be an amalgam of rich scientific sessions, workshop, expert panel discussions, and meaningful connections. This conference will bring the spotlight on Hot topics in Dermatology Practice and Patient Care. ANNUAL CUTICON DSB 2025 aims to cater to all young dermatologists, seasoned practitioners and academicians.

We look forward to welcoming you for an academically enriching experience.

Regards

**Dr Deepika Pandhi**

President, IADVL-DSB - 2025-26

**Dr Rahul Arora**

Hon. Secretary, IADVL-DSB - 2025-26

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**Dr Vishal Gaurav, Dr Bharti Aggarwal, Dr Pallavi Ailawadi, Dr Mansak Shishak**

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## Highlights:

1. Surgical and medical Intervention in trichology practice: An update (integrated discussion with video demonstration)
2. Injectable Botulinum Toxin- hands on 3D Workshop (Closed)
3. Injectable Fillers-hands on 3D Workshop (Closed)
4. The Science of Body contouring
5. The Science of Facial Contouring
6. Indian Pigmented Skin-Bust the hyper-pigmentation- interventions from medical therapy to procedural (integrated discussion with video demonstration)
7. Pot Pourri- What's trending in Lasers and aesthetic practice- (integrated discussion with video demonstration)
8. Spotlight on Anti quackery
9. Acne Scar Treatment- What's New

### Payment Details

PAN NO. AACAS9672F

GSTIN NO- 07AACAS9672F1Z6

Name in which payment is to be made : **SOCIETY FOR INDIAN ASSOCIATION DERMATOLOGY VENEREOLOGY AND LEPROLOGY**, payable at Delhi.

Account Number - **6650368965**

IFSC CODE: **KKBK0004571**

Bank Name and Branch: **KOTAK MAHINDRA BANK** Premises No. Am-1, Shalimar Bagh New Delhi-110088

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# ANNUAL CUTICON 2025

IADVL DELHI STATE BRANCH

6<sup>th</sup> December 2025

## Hall-A

Workshop - 1

### The Science of Body Contouring

Time: 09.00 am to 10.40 am

Chairperson: Dr Anuj Pall

Workshop Coordinator: Dr Vishal Gaurav

S.No.	Timing	Topic	Faculty
		<b>Introduction</b>	
1.	09.00-09.15 am	<b>1<sup>st</sup> Section</b> Radiofrequency Energy: A tool to Tighten.	<b>Dr Ajay Sharma</b> (15min including a Video Demonstration)
2.	09.15-09.30 am	<b>2<sup>nd</sup> Section</b> High Energy Focused Ultrasound: How it works in Body Contouring	<b>Dr Anuj Pall</b> (15min including a live Demonstration)
3.	09.30-09.45 am	<b>3<sup>rd</sup> Section</b> EMS Technology for a Toned Body: The Science and Efficacy.	<b>Dr Manju Keshari</b> (15min including Live Demonstration)
4.	09.45-10.00 am	<b>4<sup>th</sup> Section</b> Cryolipolysis: Freeze to Fit.	<b>Dr Rajetha Damisetty</b> (15 min including Video Demonstration)
5.	10.00-10.10 am	<b>5<sup>th</sup> Section</b> How I Integrated Body Contouring into my Aesthetic Practice.	<b>Dr Sandeep Babbar</b>
6.	10.10-10.40 am	<b>6<sup>th</sup> Section Panel Discussion</b> Tips and Tricks of Body Contouring Devices	<b>Moderator:</b> <b>Dr Rajetha Damisetty</b>  <b>Panelists:</b> <b>Dr Ajay Sharma,</b> <b>Dr Anuj Pall,</b> <b>Dr Manju Keshari</b> <b>Dr Sandeep Babbar</b> <b>Dr Rahul Arora</b>



### Workshop - 3

## Acne Scar Treatment - What's New

**Time: 10.40 am to 11.40 am**

**Chairperson: Dr Soni Nanda**

**Workshop Coordinator: Dr Mansak Shisak**

S.No.	Timing	Topic	Faculty
		<b>Introduction</b>	
1.	10.40 - 11.00 am	<b>1<sup>st</sup> Section</b> Skin boosters, exosomes - in Acne scars.	Dr Hema Pant
2.	11.00 - 11.10 am	<b>2<sup>nd</sup> Section</b> Mono Threads in Acne scars.	Dr Soni Nanda
3.	11.10 - 11.40 am	<b>3<sup>rd</sup> Section</b> Demonstration and Q&A.	Dr Soni Nanda and Dr Hema Pant

**Tea - 11.40 am to 12.00 pm**

### Workshop - 5

**Surgical and Medical Interventions in Trichology Practice:  
An update (video-based workshop) Theme- Going Beyond Conventional  
(12:00 pm - 02:00 pm) Chairperson: Dr.Kavish Chouhan**

**Time: 12:00 pm to 02:00 pm**

**Workshop Coordinator: Dr Bharti Aggarwal**

S.No.	Timing	Topic	Faculty
1.	12.00 - 12.13 pm	Newer medical Treatment modalities for patterned hair loss	Dr. Anil Ganjoo
2.	12.13 - 12:26 pm	Taming the Beast : Maintaining remission in extensive alopecia areata	Dr. Somesh Gupta
3.	12.26 - 12.39 pm	Video demonstration of how to use PRF/ i-PRF in Practice	Dr. Shashank Bansod
4.	12.39 - 12.52 pm	Video demonstration of different methods of using STROMAL VASCULAR FRACTION in trichology Practice	Dr. Amrendra Kumar
5.	12.52 - 01.05 pm	How to establish Ethical Trichology and Hair Restoration Practice	Dr. Rajetha Demisetty

S.No.	Timing	Topic	Faculty
6.	01.05 - 01.18 pm	GOING BEYOND CONVENTIONAL hair transplant	Dr. Kavish Chouhan
7.	01.18 - 02.00 pm	Case Based Panel discussion on Difficult trichology scenarios	<p><b>Moderator</b> Dr. Rajat Kandhari</p> <p><b>Panelist</b> Dr. Amrendra Kumar Dr. Kavish Chouhan Dr. Neha Taneja Dr. Rajetha Demisetty Dr. Somesh Gupta Dr. Shashank Bansod</p>

Each session is of 10 min + 3 min for Q & A

**Lunch - 02.00 pm to 02.45 pm**

### Workshop - 6

S.No.	Timing	Topic	Faculty
	02.45 - 03.15 pm	Spotlight on Anti quackery	TBA

### Workshop - 8

## The Science of Face Contouring Workshop

**Time: 03.15 pm to 04.15 pm**

**Chairperson: Dr Deepak Jakhar**

**Workshop Coordinator: Dr Pallavi Ailawadi**

S.No.	Timing	Topic	Faculty
		<b>Introduction</b>	
1.	03.15 - 03.23 pm	<b>1<sup>st</sup> Section</b> Science of Facial Aging: From Bone to Skin.	Dr Mahima Agarwal
2.	3.23 - 03.31 pm	<b>2<sup>nd</sup> Section</b> HIFU for Facial Contouring: Depth, Dosing & Safety.	Dr Ishmeet Kaur
3.	03.31 - 03.40 pm	<b>3<sup>rd</sup> Section</b> Monopolar RF: Tightening, Collagen Remodeling & Jawline Definition.	Dr Deepak Jakhar

S.No.	Timing	Topic	Faculty
4.	03.40 - 04.10 pm	<b>4<sup>th</sup> Section</b> Live Demonstration: Face lift and Contouring with Monopolar RF.	<b>Dr Mahima Agarwal</b>
5.	04.10 - 04.15 pm	<b>5<sup>th</sup> Section</b> Ask Me Anything: Cases, Parameters & Complications.	<b>Open discussion</b>  <b>Dr Mahima Agarwal</b> <b>Dr Ishmeet Kaur</b> <b>Dr Deepak Jakhar</b>

### Workshop - 9

## Pot Pourri- Lasers Threadbare

**Time: 04.15 pm to 06.00 pm**

**Workshop Coordinator - Dr Bharti Aggarwal**

S.No.	Timing	Topic	Faculty
		<b>Introduction</b>	
1.	04.15 - 04.30 pm	<b>1<sup>st</sup> Section</b> Fractional Co2: the age Old Armamentarium.	<b>Dr Sandeep Gera</b> (Lecture plus Demonstration)
2.	04.30 - 04.45 pm	<b>2<sup>nd</sup> Section</b> Laser Hair Reduction: When the Going Gets Stuck.	<b>Dr Pallavi Ailawadi</b> (Lecture plus Demonstration)
3.	04.45 - 05.00 pm	<b>3<sup>rd</sup> Section</b> Micro-needling RF: The New Age indications.	<b>Dr Indu Balani</b> (Lecture plus Demonstration)
4.	05.00 - 05.15 pm	<b>4<sup>th</sup> Section</b> Excimer Therapy: The Pigment Returns.	<b>Dr Kashish Kalra</b> (Lecture plus Demonstration)
5.	05.15 - 06.00 pm	<b>5<sup>th</sup> Section</b> Ask the Expert	<b>Moderator:</b> <b>Dr Rahul Arora</b>  <b>Panelists:</b> <b>Dr Sandeep Gera,</b> <b>Dr Pallavi Ailawadi,</b> <b>Dr Indu Balani,</b> <b>Dr Kashish Kalra,</b> <b>Dr Swapnil Shah,</b> <b>Dr Arushi Arora.</b>

# Hall-B

## Workshop - 2

### Injectable Botulinum Toxins - Hands on 3D Workshop

Time: 09:30 am to 11:40 am

Coordinators: Dr Deepak Jakhar & Dr Ishmeet Kaur

Only for  
25  
Pre Registered  
Delegates

S.No.	Timing	Topic	Faculty
		Digital Cadaveric Dissection on Anatomage	
1.	09.30 - 10.00 am	Layer-by-Layer Anatomy of Face	Dr Ishmeet Kaur
2.	10.00 - 10.10 am	Danger Zones in Botox: Vessels, Nerves and Depth	Dr Ishmeet Kaur
3.	10.10 - 10.20 am	Botox Mapping: Aesthetic Zones on Anatomage	Dr Ishmeet Kaur
	Introduction	FaceSim Model	Dr Ishmeet Kaur Dr Deepak Jakhar
1.	10.20 - 11.40 am	Hands-On: Upper Face Botox Injections on FaceSim (Simulation Models)	Dr Ishmeet Kaur Dr Deepak Jakhar

Tea - 11.40 am to 12.00 pm

## Workshop - 4

### Injectable Fillers - Hands on 3D Workshop

Time: 12:00 am to 02:00 pm

Coordinators: Dr Deepak Jakhar & Dr Ishmeet Kaur

Only for  
25  
Pre Registered  
Delegates

S.No.	Timing	Topic	Faculty
		Mid-Face Filler Anatomy with Digital Cadaveric dissection on Anatomage	
1.	12.00 - 12.20 pm	3D anatomy of Mid-Face: Fat compartments & Ligaments	Dr Deepak Jakhar
2.	12.20 - 12.40 pm	Vascular Mapping of Face: Avoiding the Danger Zones	Dr Deepak Jakhar
3.	12.40 - 01.00 pm	Filler Planning based on volume loss patterns	Dr Deepak Jakhar
	Introduction	FaceSim Model	Dr Ishmeet Kaur Dr Deepak Jakhar

S.No.	Timing	Topic	Faculty
1.	01.00 - 01.20 pm	Needle versus Cannula with entry points Hands-on	Dr Ishmeet Kaur Dr Deepak Jakhar
2.	01.20 - 02.00 pm	Hands-On: Mid-Face Fillers on FaceSim (Simulation Models)	Dr Ishmeet Kaur Dr Deepak Jakhar

**Lunch - 02.00 pm to 02.45 pm**

### Workshop - 7

**Indian Pigmented Skin-Bust the hyper-pigmentation-interventions from medical therapy to procedural (integrated discussion with video demonstration)**

**Time: 02.45 pm to 05.45 pm**

**Workshop Coordinator - Dr Vishal Gaurav**

S.No.	Timing	Topic	Faculty
		<b>Introduction</b>	
1.	02.45-02.50 pm	<b>1<sup>st</sup> Section</b> Aquired Dermal Melanosis - Lichen Planopilaris and Pigmented contact dermatitis	Dr Sachin Dhawan
	02.50 - 03.05 pm	1. New insights into Pathogenesis and triggers	Dr Neetu Bhari
	03.05 - 03.20 pm	2. Allergy Patch tests for the above	Dr Neetu Bhari
	03.20 - 03.35 pm	3. Q sw nanosecond Lasers	Dr Swapnil Shah
	03.35 - 03.45 pm	4. Picosecond lasers Pros and Cons over Nanosecond lasers	Dr Rajetha Damishetty
	03.45 - 03:55 pm	5. Fractional lasers	Dr Sachin Dhawan
2.		<b>2<sup>nd</sup> Section</b> Macular Amyloidosis	
	03.55 - 04.05 pm	1. Pathogenesis	Dr Surabhi Sinha
	04.05 - 04.20 pm	2. Medical therapies	Dr Surabhi Sinha





S.No.	Timing	Topic	Faculty
	<b>04.20 - 04.30 pm</b>	<b>3. Pigmentary lasers</b>	<b>Dr Sachin Dhawan</b>
	<b>04.30 - 04.40 pm</b>	<b>4. Fractional Lasers</b>	<b>Dr Sachin Dhawan</b>
<b>3.</b>		<b>3<sup>rd</sup> Section</b> Pigmentary demarcation lines	
	<b>04.40 - 04.50 pm</b>	<b>1. Pathogenesis and medical therapy</b>	<b>Dr Surabhi Dayal</b>
	<b>04.50 - 05.00 pm</b>	<b>2. Lasers in PDLs</b>	<b>Dr Anil Ganjoo</b>
<b>4.</b>		<b>4<sup>th</sup> section</b> Under eye melanosis	
	<b>05.00 - 05.10 pm</b>	<b>1. Pigmentary lasers for under eye melanosis</b>	<b>Dr Latika Arya</b>
	<b>05.10 - 05.25 pm</b>	<b>2. Fractional lasers and Other EBDs for under eye rejuvenation</b>	<b>Dr Swapnil Shah</b>
<b>5.</b>		<b>5<sup>th</sup> section</b>	
	<b>05.25 - 05.40 pm</b>	<b>1. Congenital and Delayed onset Nevroid Pigmentation</b>	<b>Dr Swapnil Shah</b>
	<b>05.40 - 05.45 pm</b>	<b>2. Closing remarks</b>	<b>Dr. Deepika Pandhi</b>





# ANNUAL CUTICON 2025

Indian Association of Dermatologists, Venereologists & Leprologists Delhi State Branch

Theme: Hot topics in Dermatology Practice and Patient Care

Date: 6th-7th December, 2025, Venue: Hotel Eros, New Delhi

## REGISTRATION FORM FOR PRE CONFERENCE WORKSHOP (6<sup>TH</sup> DEC 2025)

(Please use CAPITAL LETTERS, as required on badge)

Name: Prof. / Dr. \_\_\_\_\_

IADVL Membership No.: LM No. \_\_\_\_\_ PLM No. \_\_\_\_\_ Age: \_\_\_\_\_

Are you a PG\* : Yes: ☐ No: ☐ Gender: Male: ☐ Female: ☐

\*PG SHOULD SUBMIT HOD CERTIFICATE/PLM No.

Designation: \_\_\_\_\_

Address: \_\_\_\_\_

Institute: \_\_\_\_\_

City/ State: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_

E-mail: \_\_\_\_\_

REGISTRATION FEE FOR WORKSHOP

Rs.590/- (Inclusive of 18% GST)

### Pre Conference Workshop

Please tick the workshops of your interest (Multiple selections allowed)

#### Hands on Workshop

Injectable Botulinum Toxin-3D (Closed)

Injectable Fillers-3D (Closed)

The Science of Body contouring ☐

The Science of Facial Contouring ☐

#### Video Demonstration and Discussion

Surgical and medical Intervention in trichology practice: An update ☐

Indian Pigmented Skin-Bust the hyper-pigmentation- interventions from medical therapy to procedural ☐

What's trending in Lasers and aesthetic practice ☐

Please Send in your completed forms along with payment details to the below address or send the scanned registration forms by email to [contact@iadvldelhi.com](mailto:contact@iadvldelhi.com)

#### PRESIDENT

Dr Deepika Pandhi

M.D. F.A.M.S  
Director Professor  
Department of Dermatology and STD  
University College of Medical Sciences & GTBH  
Delhi- 110095  
Ph- 9871006910

#### HON. SECRETARY

Dr Rahul Arora

MD, DNB  
Consultant Dermatologist  
SkinMedics Clinic  
Max Superspecialty Hospital  
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Ph- 9811597121

We hereby acknowledge the receipt of the payment of Rs. \_\_\_\_\_

Received with Thanks from \_\_\_\_\_

Name \_\_\_\_\_ M. No.: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_